

DAFTAR PUSTAKA

- Alessandro Parma, Roberto Buda. 2014. *Arthroscopic treatment of ankle anterior bony impingement: The long-term clinical outcome*. Rizzoli orthopaedic institute, bologna, italy.
- Anandkumar. 2015. *Effect of a novel mobilization with movement procedure on anterolateral ankle impingement – A case report, Physiotherapy Theory and Practice*. Registered physiotherapist, CBI health centre, chilliwack, british columbia, canada.
- Catalayud et al. 2014. *Ligament and tendon ankle*. Available at: <https://www.google.co.id/ligament+pergelangan+kaki>.
- Chang, et al. 2013. *The of mobilization with Movement on dorsiflexion range of motion, dynamic balance, and self-reported function in individuals with chronic ankle instability*. Department of human movement science, college of education, old dominion university.
- Clin J sport med, permanente. 2016. *Wobble board rehabilitation for improving balance in ankles with chronic instability*. Georgia state university, atlanta, georgia; university of north carolina at Greensboro.
- Elizabeth L. Landrum. 2016. *Immediate effects of anterior-to-posterior talocrural joint mobilization after prolonged ankle immobilization: A preliminary study*. Assistant athletic trainer, associate professor of kinesiology, university of virginia, charlottesville, VA.
- Erice. 2010. *Multistation proprioceptive exercise program prevents ankle injuries in basketball*. Institute of sport science, motion science, university of muenster, horstmarer landweg 62b, 48149 muenster, germany.

- Human anatomy. 2017. *Otot-otot pergelangan kaki*. Available at: <https://humananatomyly.com/category/human-anatomy>
- Johannes L. Tol, C. Niek van Dijk. 2008. *Etiology of the anterior ankle impingement syndrome: A descriptive anatomical study*. By the american orthopaedic foot & ankle society, Inc.
- Katharina, Keller Mehdi Nasrilari, Tim Filler Jerosch. 2010. *The anterior tibio-talar ligament: one reason for anterior ankle impingement*. Department for orthopaedic and trauma surgery, university hospital of cologne, cologne, Germany.
- Kisner dan Colby. 2012. *The effect of a proprioceptive balance board training program for the prevention of ankle sprain*. Amsterdam, the netherlands, and the oslo sports trauma research center, oslo, Norway.
- Kurniawan. 2013. *Prevalensi injury ankle*. https://id.wikipedia.org/wiki/Komite_Olahraga_Nasional_Indonesia
- Lavery, van Dijk. 2016. *Anterior ankle impingement*. Academic medical center amsterdam, orthopaedic research center amsterdam , milan , italy P. randelli et al. (eds.), Arthroscopy: Basic to advanced.
- Miller, Hopper, hess. 2011. *Ankle impingement syndromes*. Leeds teaching hospitals, chapel allerton hospital, leeds, UK LS7 4SA corresponding author.
- Mohammad Reza Hayeri Debra J. Trudell Donald Resnick. 2009. *Anterior ankle impingement and talar bony outgrowths: osteophyte or enthesophyte*. Study with imaging correlation. Department of radiology, veterans affairs medical center, university of california san diego, san diego, CA. Present address: Department of radiology, children's national medical center.

Phillip A. Gribble. 2012. *Using the star excursion balance test to assess dynamic postural-control deficits and outcomes in lower extremity injury: A literature and systematic review*. University of toledo, OH; university of virginia, charlottesville; university of evansville, IN.

Sundaraganes, Mohandas. 2015. *Effect of wobble board balance training program among athletes with functionally unstable ankle joint*. Department of physiotherapy, faculty of health sciences, universiti teknologi MARA.